

Informed Consent Form

You are the decision maker for your healthcare. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as "informed consent" and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with care, alternatives and the potential effect on your health if you should not receive care.

We may conduct diagnostic or examination procedures if indicated. Any examination or test conducted will be carefully performed, but may be uncomfortable.

Chiropractic centrally involves what is known as a chiropractic adjustment; there may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to restore motion to anatomical structures, such as the vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reduce swelling and inflammation in a joint, reduce pain, and improve neurological function and well-being.

It is important that you understand, as with all healthcare approaches, that results are not guaranteed and there is no promise to cure. As with all types of health care interventions, there are some risks to care including but not limited to: muscle spasm, aggravation or temporary increase in symptoms, lack of improvement of symptoms, burns from cold or heat therapy, fractures, disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, this a rare but serious condition also known as vertebral artery dissection that involves an abnormal change in the wall of the artery that may cause the development of a thrombus (clot) with the potential that can lead to stroke. This can occur in 3-4 of every 100,000 people who receive healthcare or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and/or a headache. Unfortunately, a percentage of these patients will experience a stroke. As chiropractic can involve manual or mechanical adjusting to the cervical spine, it has been reported that chiropractic care may be a risk for developing this type of stroke. The association with stroke is exceedingly rare and is estimated to be related to one in a million or one in two million cervical adjustments.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over the counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your health care as you see fit.

I have read, or have had read to me the above consent. I appreciate that it is not possible to consider every complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with current and future recommendations to receive chiropractic care as deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

Name of Individual (Printed)

Signature of Individual

Signature of Legal Representative

Relationship
(e.g., Attorney-In-Fact, Guardian, Parent of a Minor)

Date Signed ____/____/____

Owens Chiropractic P.S.
32123 1st Ave S., Suite A-3, Federal Way, WA 98003
(P)253-831-4637 (F)253-235-5361